

## *The Kedron Connection*

**Kedron United Methodist Church**  
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**Volume 15**

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**Issue 8**

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### *From Our Pastor*

Proverbs 15:2 "The tongue of the wise uses knowledge rightly,  
But the mouth of fools pours forth foolishness. V.7b "The lips of the wise disperse knowledge..."

August. The end of vacations, sleeping later, and laying aside text books and reading...well....what and WHEN you want! So says the student!

But we are NEVER not learning.! (Is that a double negative?). Maybe better said, "we are always in a position to learn and hopefully use it wisely."

And it's not ultimately how much you "pack in your head" it's how well you unpack it! It's not just memorization but the memorable USE of what you learn!

Yes, August is Back To School time for many, especially our children and grandchildren. But the Church is always "in school" by teaching through example. Faith is usually "caught" before it is taught.

For example, by age 18 I probably only knew by heart The Lords Prayer, the 23rd Psalm, and John 3:16. It no doubt would have helped me to know more scripture, but because I was always around church people, adults of faith, I learned Christian living by watching and hearing them! In their daily work a day world!

Faith IS personal but never is a person a solo learner of the faith!

Let's remember this as school starts up for our K thru 12 folks. "Christian schooling" is always in session! No vacation from faith!

Thanks adults for doing your part in being "wise in dispersing knowledge." Proverbs 15:7  
Knowledge that leads finally to God.

BE the church!

Pastor Barry

## Men's Breakfast

The monthly Men's Breakfast will be Saturday, August 6. Breakfast will be served at 7:00 a.m. in the fellowship hall.

## Fellowship Supper

There will be no first-Wednesday fellowship supper in August or September. In August Kedron will host laity and in September we will have our annual homecoming.

## Choir Notes

Let's practice on Sunday, August 14 at 1:00 p.m. We can discuss other practices. Anytime is a good time to join with us to praise God in song. New choir members would be welcomed.

## Handwork Ministry

The Handwork Ministry meets the third Wednesday of the month at 10:00 a.m. to knit and crochet. The group will meet on August 17 at the home of Ernestine Clark, 2414 Gauphin Lane, Smyrna.

## Bible Study

The Bible Study led by Rev. Travis Perry continues. The group meets at the home of Lytle Hodge on Tuesdays at 10 a.m. The address is 507 Hazelwood Drive, Smyrna. The group has a fund to purchase Study Bibles to be given as gifts. If you would like to contribute to the fund, please see Dot Pressley or Lytle Hodge.

## Bucket Offerings

In August offerings placed in the buckets at Sunday morning worship will be donated to the Smyrna/LaVergne Food Bank.

## Project Transformation

An intern from Project Transformation spoke at the morning Worship service on July 17. This is a project of the Murfreesboro District for summer learning for children. Kedron gave \$200.00 for project expenses and hosted the interns for dinner one evening at Cheddar's.

## Kedron Will Host Laity

The Rutherford County Laity Fellowship meets at a different United Methodist Church in the county each month. Kedron will host the group on Monday, August 22. There will be a meal, a program and a business meeting. People will pay for their meals. Hamburgers and hot dogs will be purchased from the church budget. We need all who can to bring side dishes and desserts. In July, 83 people attended. The church will be open at 5:00 p.m. Dinner will be served at 6:30 p.m.

## Happy Birthday to:

Sunya Sprinkle	August 4
Aiden Sarkan	August 13
Naomi Lee	August 23
Tom Root	August 25

## Happy Anniversary to:

Shannon & Shana Stacey	August 5
Revs. Barry & LeNoir Culbertson	August 7
Larry & Fay Fraley	August 16
Jim & Dorothy Pressley	August 21
Frank & Linda Pagello	August 24

## Food Bank

You may bring food donations for the Smyrna/LaVergne Food Bank to the church the first and second Sundays of the month. Place the food items on the pew in the narthex. The food will be delivered to the Food Bank. The suggested items for August are sugar-free foods. All non-perishable foods are accepted and appreciated. The need is great.

**Jude 24** written by Jude was the quotation in the July newsletter.

## Who Said This?

"For I will proclaim the name of the Lord; ascribe greatness to our God! The Rock, his work is perfect, and all his ways are just. A faithful God, without deceit, just and upright is he;"

--NRSV

(hint - book of Deuteronomy)

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## Life is an opportunity, benefit from it.

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Life is beauty, admire it.  
Life is bliss, taste it.  
Life is a dream, realize it.  
Life is a challenge, meet it.  
Life is a duty, complete it.  
Life is a game, play it.  
Life is a promise, fulfill it.  
Life is sorrow, overcome it.  
Life is a song, sing it.  
Life is a struggle, accept it.  
Life is a tragedy, confront it.  
Life is an adventure, dare it.  
Life is luck, make it.  
Life is too precious, do not destroy it.  
Life is life, fight for it.

– Mother Teresa



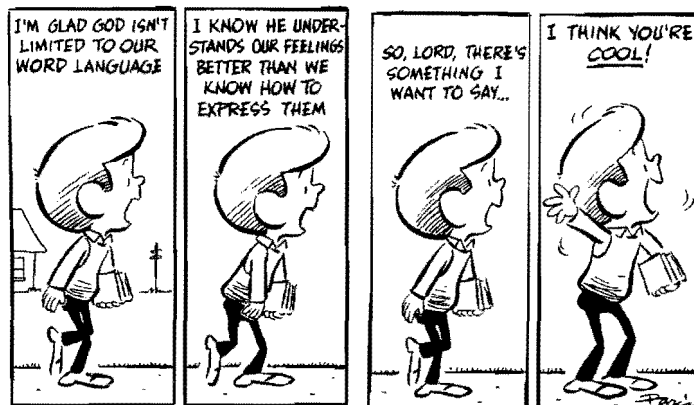
Confronting our feelings and giving them appropriate expression always takes strength, not weakness. It takes strength to acknowledge our anger, and sometimes more strength yet to curb the aggressive urges anger may bring and to channel them into nonviolent outlets. It takes strength to face our sadness and to grieve and to let our grief and our anger flow in tears when they need to. It takes strength to talk about our feelings and to reach out for help and comfort when we need it.

– Fred Rogers



Kind words can be short and easy to speak, but their echoes are truly endless.

– Unknown



## August Calendar

Tuesday August 2:

10:00 a.m. Bible Study

Saturday, August 6:

7:00 a.m. Men's Breakfast

Sunday, August 7:

8:45 a.m. Sunday School

9:15 a.m. Choir Practice

9:30 a.m. Worship Service

Tuesday, August 9:

10:00 a.m. Bible Study

Sunday, August 14:

8:45 a.m. Sunday School

9:15 a.m. Choir Practice

9:30 a.m. Worship Service

1:00 p.m. Choir Practice

Tuesday, August 16:

10:00 a.m. Bible Study

Wednesday, August 17:

10:00 a.m. Handwork Ministry at Ernestine Clark's home

Sunday, August 21:

8:45 a.m. Sunday School

9:15 a.m. Choir Practice

9:30 a.m. Worship Service

Monday, August 22.

Kedron hosts Rutherford Co. Laity Fellowship

5:00 p.m. Church open

6:30 p.m. Dinner served

Tuesday, August 23:

10:00 a.m. Bible Study

Sunday, August 28:

8:45 a.m. Sunday School

9:15 a.m. Choir Practice

9:30 a.m. Worship Service

10:30 a.m. September newsletter information due.

Email:lf\_fraleay@prodigy.net

or phone 615-459-2618

Tuesday, August 30:

10:00 a.m. Bible Study

# God Wants Us to Take Care of Our Body

Help this boy and girl find a healthy life with their friends at the end of the maze. As you trace your way through, you will pass letters that are circled, in boxes, underlined, and bold.

- Write the circled letters here and then unscramble the word.

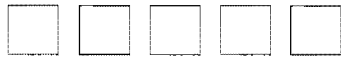


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- Write the letters that are underlined here and then unscramble the word.

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- Write the boxed letters here and then unscramble the words (there are two).

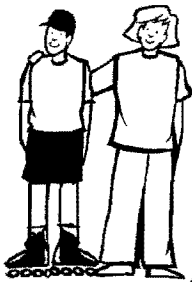


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- Write the letters that are **bolded** here and then unscramble the word.

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Now write what God wants you to do: \_\_\_\_\_



Get plenty of sleep — eat good food —  
 eat lettuce — watch TV — ice cream —  
 tomatoes — cake — music — pop and candy —  
 meat — cookies — climb trees — read — drink lots of  
 fudge — dance — play on the computer — junk food —  
 write letters — say bad words — yell at your brother —  
 walk — ride bike — sister and —  
 baskets shoot — play — vitamins you take —  
 climb a tree — eat fruits and vegetables — go to church —  
 play volleyball — eat —  
 swear — cereal — Bible school —  
 sleep — tennis — smoke — goof off —  
 football — baseball — chew gum —  
 rest — sleep — cheese — spaghetti — soccer — sit — popcorn —  
 break your arm — go to the —  
 tell stories — movies — visit Grandma and Grandpa —  
 play the piano — tennis —  
 don't eat a lot of junk food —  
 exercise — jump — relax —  
 like



For extra fun, collect all the healthy words you can find and write them here. \_\_\_\_\_

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