

*The Kedron Connection*  
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**Issue 2**

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### *From Our Pastor*

Time is flying! Easter will be here before we know it, which means my favorite season is just around the corner. Lent is the period of forty days of preparation before Easter (not including Sundays). It is a time for reflection that begins with Ash Wednesday (our service will be at 6:30 p.m. at Kedron). It is a time to take stock of what is life-giving for us--and for all of our relationships and communities. Sometimes people will use the time to develop a particular discipline by giving up chocolate or TV or by starting a Bible study or maybe going for daily walks. It is a time for stripping away frivolousness and anxiety. It is a time to pause our distractions so that we can see what is really important for our lives. Sometimes stripping away our distractions is terrifying--it leaves us in silence to listen to what's going on in our own minds and hearts. Many communities meet together more often to support each other during this vulnerable and important season.

One of the things I'm going to be doing this Lent is contemplative prayer. Contemplative prayer is a practice of silence and guided meditation. It is a space to listen to ourselves--to our bodies and our minds. And it is a space to listen for the spirit of God--within us and all around us. Sometimes we will listen to guided prayers, sometimes we will listen to scripture (lectio divina), we will always have plenty of silence and relaxation, and there will be a brief time for anyone who wants to share the experience they've had during the prayer. I will be hosting a contemplative prayer group at the parsonage once a week during Lent. I'm thinking Wednesday nights from 6:30 to 7:30, so if you would like to participate (or just want more information), please call 615-554-4272 or email [angelamhawkins@gmail.com](mailto:angelamhawkins@gmail.com) and let me know if this is a good time for you.

# UMCOR

Sager Brown Depot, Baldwin, LA

Mission Trip #3

5/5/13 to 5/10/13

By Ron Obenauf

The Sager Brown Depot offers all of us the opportunity to volunteer our time to help. Opportunities exist to (1) work in the warehouse putting together school supply bags, flood buckets, etc. for those in need, (2) work in the sewing room to make various items, including school bags and baby garments, and (3) work in the community outreach program to build wheel chair ramps, make home repairs, etc. for the poor and elderly.

Volunteers stay in the dorms and are provided with meals and many opportunities for prayer and fellowship. Overall, it is a spiritually rewarding experience.

I have reserved the week of 5/5/13 to 5/10/13 for 12 people. The cost per person averaged about \$400 for the previous mission trips. If you have a desire to go, please do not let the lack of funds stand in your way as Kedron will support you as needed.

So far, five people have made the commitment to serve the Lord on this trip. These include Harvey Obenauf, Greg and Nancy Zipprich, John Vance and myself.

I will be making a general announcement to all United Methodist churches in our district soon, so if you feel the calling please let me know. This, in all likelihood, will be my last time leading the UMCOR trips, so please take advantage of this opportunity. Blessings.

***Romans 12:21 "Conquer evil by doing good."***

### **Men's Breakfast**

The monthly first Saturday men's breakfast will be February 2. We will eat at 7:00 a.m. Men, come join us.

### **PSPRC Meeting**

The Pastor Staff Parish Relations Committee will meet after the men's breakfast on February 2. The meeting will begin at approximately 9:00 a.m.

### **Fellowship Supper**

Our First-Wednesday fellowship suppers resume in February. We will begin at 6:30 p.m. on February 6. As has been our tradition, this supper will feature beans and chili. It would be helpful if you are bringing beans (white or pinto) or chili, you could let Ernestine Clark know; her phone number is 587-9766. Others please bring side dishes and desserts.

### **Choir Practice**

We will continue to meet Sunday mornings at 9:15 in the fellowship hall. We will practice briefly after worship services. Additional practices will be announced when scheduled. We will begin to practice Easter music soon. We would be happy to have some new singers.

### **Handwork Ministry**

The Handwork Ministry meets the third Wednesday of the month to knit and crochet. The February 20 meeting will be at the home of Ernestine Clark at 9:30 a.m. Please plan to join us if you knit, crochet or would like to learn.

**Happy Anniversary to:**  
John & Mary Ellen Vance Feb. 22

### **Ash Wednesday Service**

Ash Wednesday is February 13. The service at Kedron will begin at 6:30 p.m.

### **Shepherd School**

This event will be February 10 at Tullahoma First UMC 2-4 p.m. There will be training for various committees and officers of the individual local churches. Pastor Angela has details of the event. Contact her if you are interested.

### **Rutherford County Laity**

The Rutherford County Laity Fellowship will meet February 25 at Bethel UMC at 7:00 p.m.

### **Bucket Offerings**

In February the offerings placed in the buckets carried by the children at Sunday morning worship will be added to Kedron's building fund.

### **Food Bank**

You may bring donations for the Smyrna/LaVergne Food Bank to the church the first and second Sundays of the month and they will be delivered to the Food Bank. The suggested item for February is soup. However, any non-perishable foods are accepted. The need is great.

### **Happy Birthday to:**

|                  |             |
|------------------|-------------|
| Coleman Stacey   | February 7  |
| Ray Lee          | February 9  |
| Dorothy Pressley | February 9  |
| Keith Lee        | February 15 |
| Abby Palmer      | February 23 |
| Loren Vanderkooi | February 25 |
| Jane Rainey      | February 26 |
| Caden Salem      | February 27 |

## For Your Information

### 2012 Kedron Outreach money spent from bucket collections, donations and church funds

|  |      |
|--|------|
| Good Neighbor Fund                                       | 800. |
| Miriam's Promise   | 300. |
| Room in the Inn  | 310. |
| Wells of Water   | 326. |
| Smyrna/LaVergne Food Bank                                | 300. |
| Smyrna/LaVergne Coalition                                | 204. |
| Smyrna/LaVergne Food Bank                                | 230. |
| Ivy Bluff UMC  | 200. |
| Room in the Inn  | 200. |
| One Great Hour of Sharing                                | 250. |
| World Communion Sunday                                   | 150. |
| McKendree Village Foundation                             | 125. |
| DHS Anonymous Kids                                       | 250. |
| Delann Hickman's students in need at Stewartsboro School | 200. |
| Angel Tree Kroger Food Tree                              | 100. |
| Sixty-First Avenue UMC                                   | 250. |
| Bless the Children                                       | 500. |
| DHS Foster Children                                      | 200. |
| +  |      |
| Kedron's Children's Ministry budget received             | 877. |

## Who Said This?

"Then \_\_\_\_\_ began to speak to them: "I truly understand that God shows no partiality,"

-NRSV (hint, Acts)

**Deuteronomy 11:1** spoken by Moses was the quote in the Jan. newsletter.

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"Martha, the alphabet soup is spelling out 'REPENT'!"

## February Calendar

### Saturday, February 2:

- 7:00 a.m. Men's Breakfast
- 9:00 a.m. Pastor Staff Parish Relations Committee Meeting

### Sunday, February 3:

- 8:45 a.m. Sunday School
- 9:15 a.m. Choir Practice
- 9:30 a.m. Worship Service
- 10:30 a.m. Choir Practice

### Wednesday, February 6:

- 6:30 p.m. Fellowship Supper

### Sunday, February 10:

- 8:45 a.m. Sunday School
- 9:15 a.m. Choir Practice
- 9:30 a.m. Worship Service
- 10:30 a.m. Choir Practice

### Wednesday, February 13:

- 6:30 p.m. Ash Wednesday Service at Kedron

### Sunday, February 17:

#### First Sunday in Lent

- 8:45 a.m. Sunday School
- 9:15 a.m. Choir Practice
- 9:30 a.m. Worship Service
- 10:30 a.m. Choir Practice

### Wednesday, February 20:

- 9:30 a.m. Handwork Ministry Ernestine Clark's home

### Sunday, February 24:

#### Second Sunday in Lent

- 8:45 a.m. Sunday School
- 9:15 a.m. Choir Practice
- 9:30 a.m. Worship Service
- 10:30 a.m. Choir Practice
- 10:30 a.m. March newsletter information due



To worship is:

- To quicken the conscience by the holiness of God.
- To feed the mind with the truth of God.
- To purge the imagination with the beauty of God.
- To open the heart to the love of God.
- To devote the will to the purpose of God.

- William Temple

# Word Scramble

Unscramble the names of the animals and write them on the lines below the words.

H R E S O

I N C C K H E

\_\_\_\_\_

\_\_\_\_\_

O C W

W O S

\_\_\_\_\_

\_\_\_\_\_

A O T G

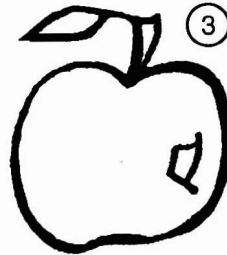
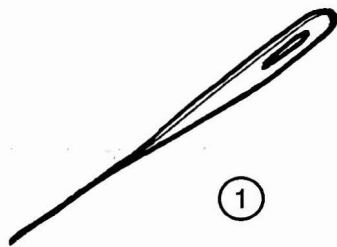
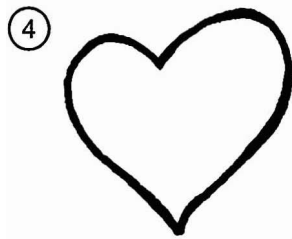
E E S H P

\_\_\_\_\_

\_\_\_\_\_

**Answer:**  
HORSE, COW, GOAT, CHICKEN, SOW, SHEEP

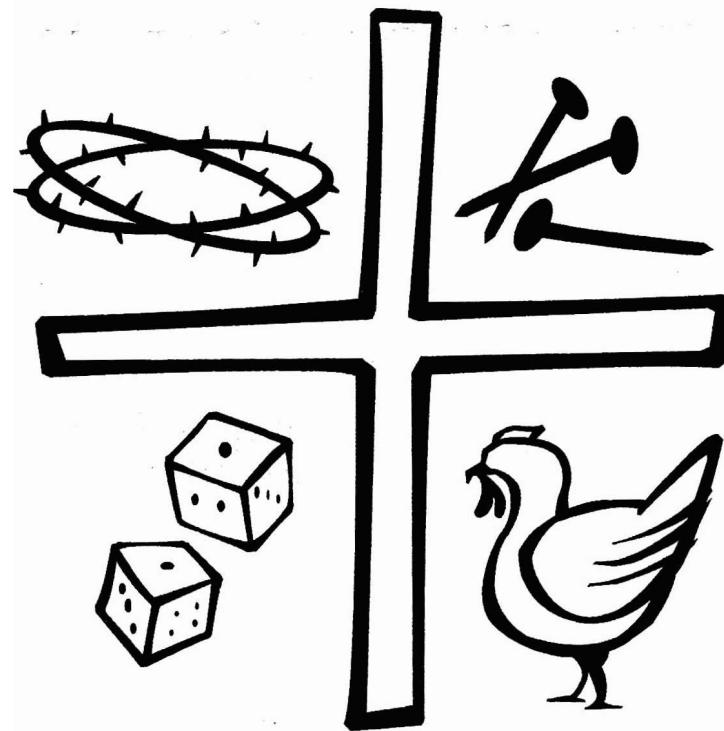
## Decode the Message



Who was the man whom God asked to build an ark for the animals? To find out, write the first letter of each picture above in the correct space below.

|   |   |   |   |
|---|---|---|---|
| ① | ② | ③ | ④ |
|---|---|---|---|

**Answer:**  
Noah



**Lent**